

# HOME FAMILY BIBLE STUDY



**TIP:** Remember to begin and end with prayer, as well as plant your seed offering. It may be helpful to have someone read the scriptures in the King James Version (KJV) and another the Amplified (AMP) version for better understanding.

**Date:** September 16, 2020

**Topic:** “Encourage Yourself”

**Key Scripture:** 1 Samuel 30:6

**Introduction:** As Christians, there are times in our lives when things are not going according to plan. Things appear bleak, discouraging, and hopeless. This scenario seems like it would be the perfect time to give up and throw in the towel. However, in our weakest moments, we must find strength to encourage ourselves in the Lord.



**Read:** 1 Samuel 30:6, Deuteronomy 31:6, Romans 8:35-37

### Points to Ponder & Questions to Consider



- What does the word encourage mean? What does it mean to encourage yourself *in the Lord*? Why is this important when facing obstacles and life challenges?

**Discuss. Reference 1 Samuel 30:6**

- According to **Deuteronomy 31:6** how does this scripture encourage you?  
**Discuss.**
- What are some situations that caused distress or discontent in your life? Knowing that you are “more than a conqueror,” according to **Romans 8:37**, what should be your attitude towards these situations going forward? **Discuss.**

### Search the Scriptures for an Example

✓ **David Encouraged Himself & Gained The Victory 1 Samuel 30:1-8**

**Closing Point** – In 1 Samuel 30:1-8, David faced some of the most difficult challenges of his life. He was so overwhelmed that he wept to the point of exhaustion. However, David realized that God was with him. This gave him strength and courage to go on. There will be times that you may find yourself in a situation similar to David’s. **This is not the time to give up!** The same God that was with David then, is also with you today. Remember, it was only after David encouraged himself in the Lord, that He received the answer, “**He would recover all.**”



If you have additional questions or comments that you would like to submit regarding tonight’s topic, please submit them via email to one of our ministers at:

**[info@godswaywoc.org](mailto:info@godswaywoc.org)**

**\*\*Remember to share Christ with someone else.\*\***