



HOME FAMILY BIBLE STUDY



TIP:

Remember to begin and end with prayer, as well as plant your seed offering. It may be helpful to have someone read the scriptures in the King James Version (KJV) and another the Amplified (AMP) version for better understanding.

Date:

April 7, 2021

Topic:

Spiritual Spring Cleaning

Introduction:

It is that time of the year again after celebrating the Resurrection of our Lord, when the sun is shining brighter than ever, flowers are about to bloom, and the gloomy days of winter are finally tapering off. In many homes, curtains are pushed back, sweaters are packed away and everything is getting a clean sweep from top to bottom. The signs are all around us that spring is here, and it is out with the old and in with the new! However, as we embrace the newness of the season, we cannot forget that in addition to refreshing the natural (tangible), we must spiritually renew and refresh our minds. After experiencing such a turbulent fall/winter season given the effects of the pandemic, clearing out the clutter and negative debris that has crept into our minds is arguably more important than dusting the china closet. The Apostle Paul said in **Romans 12:2**, when your mind is renewed, your life will be transformed. Therefore, spring is the perfect time to renew your mind through the word.



Read:

Romans 12:2, 2 Corinthians 10:4-5, 1 Peter 5:7, Philippians 4:8

If you have ever spring cleaned (house, garage, yard, etc.) before, you know that the first step is to take inventory of what needs to be done. This will help to alleviate the stress that often comes with thinking about the whole project instead of individual tasks. After you have taken inventory, a common practice is to create three piles for organization: discard (trash), donate (give), and keep. When thinking about clearing the mind, you can also apply these same principles however, by using the word of God. First, you must take inventory of your thoughts and beliefs about the various areas of your life. What are you storing that needs to be discarded, given to God, or kept for future edification? Do you know that a cluttered mind equals a cluttered life?



Discuss:

ASSESS: To live a productive and fruitful life, it is often necessary to assess your mindset. The saying goes, where your mind goes, your life follows. This means a cluttered mind with negative thoughts, perceptions and beliefs will surely be reflected in the world around you (what you see). **Romans 12:2**, says that for transformation to happen, you must renew your mind. For an example: Healing and sickness cannot share the same mind space therefore you must decide, *are you a sick person trying to get healed or a healthy person fighting sickness? Are you a needy person trying to get rich, or a wealthy person tackling debt?* **Discuss: What does the Bible say**

about your healing, your finances? What tool do you have as a believer, to renew our mind? Are there areas in your mind that needs renewal?

DISCARD: After you have assessed your mindset, it is time to take control of your mind and discard (trash) anything that is not of God. **No longer should your thoughts control you, but you control it! 2 Corinthians 10:4-5** says that, the weapons (found in the Word) that you use, are powerful enough to capture and destroy EVERY THOUGHT that tries to go above what you know to be the truth found in God's word. Also, Hebrews 12:1 says that you can lay aside every weight that is hindering your progress. **Discuss: What thoughts are you capturing and destroying? Do you need to pull down thoughts about failure, disappointment, hate, malice, or beliefs such as "this is just the way it is?"**

GIVE: After you have discarded those things that are useless and harmful, it is time to look at what can or cannot be saved. Often, giving things away can be difficult because you no longer have control over how and if the next owner will use it. Some people even find themselves saying "If you don't use it, please give it back to me." As a believer there is no one who could care for and know exactly what to do with those things which are *most precious to you* than the Heavenly Father. You can trust Him to take care of it, fix it, or work it out for your good. **1 Peter 5:7** says to cast (throw), all your cares on Him because He cares for you. **Discuss: What thing(s) are you still holding on to that you need to give to God? Why is it so hard for you to let it go?**

KEEP: While cleaning, there will be things that you will not want to get rid of because you know there is value in keeping it. For believers, this is the infallible word of God, personal triumphs, lessons of victories, testimonies of faith, hope and love. **Philippians 4:8** says that these are the things (honorable, just, pure, lovely, commendable, excellent, praiseworthy) that you are to keep in your mind. These are the things that should always fill your thoughts. **Share one personal victory, lesson, testimony that you will always remember (keep near and dear). Why is this valuable to you now and in the future?**



Conclusion (Fill in the blanks): After the lesson tonight, say a prayer to God regarding the state of your mind. Ask Him to help you take inventory. Ask the Lord to renew your thoughts about _____ (ex: finances), discard thoughts of _____ (ex: worry), and help you to always keep, think on, and remember _____ (ex: when He blessed you with a home). After praying, do not forget to find scriptures that reflect your new mindset; meditate on them every day.

If you have additional questions or comments that you would like to submit regarding tonight's topic, please submit them via email to one of our ministers at: info@godswaywoc.org.

****Remember to share Christ with someone else.****