

HOME FAMILY BIBLE STUDY

Remember: Begin and end with prayer, as well as plant your seed offering. It may be helpful to have someone read the scriptures in the King James Version (KJV) and another the Amplified (AMP) version for better understanding.

Date: May 12, 2021

Topic: **Maintain Your Focus!**

Introduction: As believers in this world, we are often bogged down with adverse situations and circumstances which causes extreme pressures and daily stresses in life. If we are not careful, physical and emotional issues such as jobs, sickness, or family problems can sometimes smother our spiritual well-being. As a result, our focus must remain intact in order to complete assignments given to us by God. Situations or circumstances should not steer us off course. It is extremely important that we **MAINTAIN OUR FOCUS**, through prayer, standing on God's word, and faith.



Read: Colossians 4:2; Philippians 4:6-8, Matthew 4:1-11, Ephesians 6:17, Matthew 14:22-33



Discuss: **Use the power of prayer to maintain your focus.**

One way to maintain your focus, is to use the power of prayer. When we pray, we commune with God and block out all other distractions. It opens our heart to receive the lift needed as we go through life experiences. Making prayer a part of your daily routine (constant & consistent), helps to alleviate anxiety and brings about *the peace of God, which surpasses all understanding*. It adjusts our focus and attention so that we do not become distracted by things around us. Once we give anything to God in prayer, we can walk away with confidence knowing that He has taken care of it and victory is ours. **Colossians 4:2; Philippians 4:6-8**

- Do you pray when you find yourself distracted?
- In the past, when your heart was overwhelmed, how did prayer help you?

Stand firm on God's word to maintain your focus.

God's word is the foundation we can stand on when we are faced with distractions or adversity. After we give it to God in prayer, His word will give us the strength, encouragement and fortitude to push forward. The Bible lets us know that the word of God is our ultimate defense against the enemy (anything that comes against you). When Jesus was in the wilderness focused on carrying out His purpose, He was tempted multiple times, by the devil, to get off course. Quoting the word of God ("It is

written...”) was the only line of defense Jesus used to defeat the enemy. Nothing else. When we stand firm on the word (use it and speak it), we can triumph over our situations or circumstances. **Matthews 4:1-11, Ephesians 6:17**

- What scriptures do you have in your spiritual arsenal when the enemy attacks you?
- What is the significance of saying “It is written?” How can using this phrase (*it is written*) help to boost your confidence when you say it proceeding scriptures?

Use faith to maintain your focus.

As believers, our daily walk with God requires that we have complete (unyielding) trust and confidence in His ability to provide and care for our every need. This is faith. When we put our faith to use, it cancels out fear of the future, failure, and doubt; and in turn, gives us hope. In Matthew 14:27, because Peter trusted Jesus and had enough faith in Him, he stepped out of the boat onto the water. However, when Peter took his focus off Jesus and began to fear (troubled wind/waters), he started sinking. Much like Peter, if we are not mindful, we will take our eyes off the solution (Jesus) and put it on the problem. Therefore, if we want to remain focused, we must walk by faith and not by sight. **Matthew 14:22-33**

- How can fear shake your faith? What can you do to overcome fear?
- What area(s) of your life are you using your faith to move forward?



Conclusion:

In order to maintain our focus on this Christian journey, we are encouraged to **remain constant in prayer, stand firm on God’s word, and live as well as walk by faith.** Each day, we must diligently work to keep our minds and hearts focused on the things of God, because it is a tactic of the enemy to cause distractions that would take our eyes off Him and His promises for us. Although, we know that distractions will come because we live in a fallen world, we can be confident that we will overcome any situation, just like Jesus did. As we maintain our focus, we learn to see beyond our present state knowing that no matter what happens, according to Romans 8:28, God *will work everything out for our good.*

If you have additional questions or comments that you would like to submit regarding tonight’s topic, please submit them via email to one of our ministers at: info@godswaywoc.org.

****Remember to share Christ with someone else.****