



## Lesson: "Prayer is *STILL* Powerful"

Prayer is one of the greatest gifts God has given us. It's not just a ritual or routine, but a powerful lifeline that connects heaven to earth. Through prayer, mountains are moved, chains are broken, and lives are transformed. Even when the world changes and challenges arise, prayer has not lost its power—because God has not changed.

### Points to Ponder

#### 1. Prayer Connects Us to God's Power

- **Scripture:** *Jeremiah 33:3 – “Call to me and I will answer you, and tell you great and unsearchable things you do not know.”*
- Prayer is not just us speaking into the air—it's communication with the Almighty God. He invites us to call on Him, promising that He will respond. Our strength is limited, but through prayer, we tap into God's unlimited power.

#### 2. Prayer Changes Circumstances

- **Scripture:** *James 5:16 – “The prayer of a righteous person is powerful and effective.”*
- Scripture reminds us that prayer works. From Elijah calling down fire to Hannah praying for a son, prayer has always been a force that changes situations. Our prayers may not always change things immediately, but they are always effective in shaping outcomes according to God's will.

#### 3. Prayer Transforms Us

- **Scripture:** *Philippians 4:6–7 – “Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God... will guard your hearts and minds in Christ Jesus.”*
- While prayer can change external situations, it also changes us internally. When we pray, God calms our fears, strengthens our faith, and aligns our hearts with His will. Sometimes the biggest miracle of prayer is not the change in circumstances, but the change in *us*.

## Discussion Questions

1. Can you think of a time when prayer changed your situation or gave you peace?
2. Why do you think people sometimes underestimate the power of prayer?
3. How can we build consistency in our prayer life, even when we don't see immediate results?

## Wrap Up

**Prayer is still powerful because God is still powerful.** When we pray, we are not depending on our strength but leaning on the One who holds all power in His hands. Let us never forget that prayer can move mountains, heal hearts, and open doors that no man can shut.

### To-Do for the Week:

- **Prayer Journal Challenge:** Write down one specific prayer request each day this week. End each prayer with a note of thanksgiving, even before you see the answer. At the end of the week, review your prayers and note how God has given you peace, strength, or even answered them.

### Closing Prayer:

Heavenly Father, we thank You for reminding us today that prayer is still powerful. Thank You for giving us direct access to Your presence and for hearing us when we call. Lord, increase our faith so that we will never take prayer lightly or treat it as a last resort, but instead as our first response.

Help us to be consistent in seeking You, trusting that Your timing and Your answers are always perfect. Transform our hearts as we pray, align our desires with Your will, and fill us with Your peace.

We believe that chains are broken, healing is released, and doors are opened when we pray in Jesus' name. So tonight, we declare that we will walk in confidence, knowing that You hear us and that prayer still works.

In Jesus' mighty name we pray,  
**Amen.**

### Consider Sowing Seed:

May your seed be planted in good soil and bring forth a bountiful harvest in due season.