



Lesson: "Grateful in a Shaking World"

Key Scripture: "Since we are receiving a kingdom that cannot be shaken, let us be thankful..."
Hebrews 12:28

Life feels uncertain. The economy fluctuates, policies change, prices rise, and people are under pressure. But the Bible reminds us that while the world shakes, **God's Kingdom never does.** Gratitude becomes the anchor of the believer—not because life is perfect, but because *God is faithful.*

Tonight, this Bible study will help you recenter your heart, regain peace, and stir gratitude as you approach the Thanksgiving holiday.

Read & Reflect

1. **Hebrews 12:28** — A Kingdom That Cannot Be Shaken

Reflection: What is shaking in your life right now? What doesn't feel stable?
Write one area and surrender it to God.

2. **Habakkuk 3:17–19** — "Yet I Will Rejoice"

Habakkuk describes an economic disaster—no food, no crops, no livestock.
Yet his response: "I will rejoice... the Lord is my strength."

Reflection:
What does it look like for you to say "yet I will rejoice" even when things don't look ideal?

3. **Philippians 4:6–7** — Thanksgiving as a Weapon Against Anxiety

Thanksgiving is the pathway to peace. Peace is a weapon against anxiety, fear, and worry.

Reflection:
List 3 things God has done this year that you haven't thanked Him for yet.

Points to Ponder

Point 1 — Gratitude Stabilizes the Heart

Fear reacts. Faith remembers.

Gratitude shifts your focus from what is shaking to the God who never changes.

When you thank God intentionally, your spirit becomes steady.

Point 2 — God's Provision Is Not Controlled by the Economy

Biblical history shows God providing in famines, droughts, wars, and wilderness seasons. He still does. Heaven is not affected by inflation, supply chain issues, or government policies.

****Your provision flows from God, not the system.**

Point 3 — Thanksgiving Opens the Door to More

In John 6, Jesus gave thanks **before** the multiplication.

Thankfulness brings multiplication.

Complainers see less. Worshipers see increase.

Point 4 — Gratitude Makes Room for Peace

When you give thanks, anxiety loses its grip.

Gratitude invites the peace of God to settle over your mind and home.

Wrap Up

As you finish this study, remember this truth: **the world may shake, but you don't have to.** God has given you a Kingdom that stands firm when everything else feels uncertain. Gratitude is more than a feeling — it is a decision to focus on God's unchanging faithfulness. When your mind wants to drift toward worry, return to thanksgiving. When the news feels heavy, return to His promises. When life feels unpredictable, return to the stability of His Kingdom.

You may not control the economy, the government, or the challenges around you — but you *can* control the posture of your heart. And a grateful heart attracts peace, strength, clarity, and supernatural provision.

So, as you step into this Thanksgiving season, carry this truth with you: **You are held by a God who never changes, never weakens, and never abandons His people. Your hope is secure, your future is safe, and your life is anchored in an unshakeable Kingdom.** May gratitude fill your days, guide your thoughts, and guard your heart.

To-Do for the Week:

Gratitude Reset Challenge: Write down **5 things money cannot buy** that you're grateful for today. Ex: family, breath, salvation, healing, protection, wisdom.

One Step of Faith This Week: What is one practical way you will choose gratitude over worry this week? (Examples: reduce complaining, speak blessings over your home, pray before checking news, write daily thanksgiving.)

Closing Prayer:

"Lord, thank You that Your Kingdom cannot be shaken. Anchor my heart in Your truth, not in the instability around me. Teach me to rejoice like Habakkuk, to trust like Paul, and to give thanks in all things. Fill me with peace and faith as I walk into this season. In Jesus' name, amen."

Consider Sowing Seed:

May your seed be planted in good soil and bring forth a bountiful harvest in due season.