



## “God Has Not Forgotten You”

Time: 20 Minutes

### Opening

There are moments in life where it *feels* like God is distant...like your prayers are hitting the ceiling...like everyone else is moving forward and you're standing still. But know this—**feelings are not facts**. Tonight is about anchoring yourself in truth and the truth is: **God has not forgotten you. Not your prayers. Not your promises. Not your process.**

### Key Scripture

**Isaiah 49:15-16 (NIV):** “Can a mother forget the baby at her breast...? Though she may forget, I will not forget you! See, I have engraved you on the palms of my hands...”

### Read. Think. Reflect.

#### #1 God Sees You — Even When You Feel Overlooked

- **Read:**
  - **Genesis 16:13** – Hagar calls God *El Roi* (“the God who sees me”)

Hagar was in the wilderness—pregnant, rejected, alone. Not exactly the picture of someone we would consider “blessed.” Yet God met her there. He didn’t wait until her situation improved. He showed up in the middle of her mess.

- **Reflect:**
  - Where in my life do I feel unseen or overlooked?
  - Can I trust that God sees what others don’t?

**Say:** “God, remind me that you see me, even in the places I try to hide or the places that hurt.”

#### #2 God Is Working — Even When You Don’t See Progress

- **Read:**
  - **Romans 8:28** – “All things work together for good...”
  - **John 5:17** – “My Father is always at His work...”

Just because you don’t see movement doesn’t mean nothing is happening. Seeds grow underground first. God does His best work (building character, discipline, faith, patience, etc.) in hidden places.

- **Reflect:**
  - Where have I mistaken “silence” for “inactivity”?
  - What might God be developing in me right now?

**Say:** “God, help me trust your process, even when I don’t understand your timing.”

### **#3 God Will Come Through — Right on Time**

- **Read:**
  - **Habakkuk 2:3** – “Though it tarry, wait for it...”
  - **Ecclesiastes 3:11** – “He has made everything beautiful in its time.”

Delay is not denial. God’s timing protects you, prepares you, and positions you. If it hasn’t happened yet, it’s not because God forgot—it’s because **He’s aligning something bigger than what you can see.**

- **Reflect:**

Think about your own journey....

  - Times you didn’t know how things would work out... but they did
  - Doors that opened unexpectedly
  - Strength, you didn’t know you had

**That wasn’t luck. That was God. And if He did it before... He will do it again.**

**Say:** “God, strengthen my faith while I wait. Help me believe that what you promised, you will perform.”

## **Takeaway**

As you close this time of study, hold onto this truth: **God has not forgotten you—He is fully aware, actively working, and perfectly on time in your life.** Even when you can’t see it, He is moving behind the scenes, strengthening you, preparing you, and aligning things in your favor. What feels like waiting is often God building something deeper within you. So don’t lose heart, don’t let doubt take root—stand firm in faith. The same God who has carried you before will carry you again. Stay encouraged, stay expectant, and trust that your story is still unfolding in His hands.

**Closing Prayer: Father, in the name of Jesus,** thank You for reminding me today that I am not forgotten. Even in moments when I feel unseen or uncertain, help me to trust that You are with me, working all things together for my good. Strengthen my faith in the waiting, quiet my doubts, and fill my heart with peace. Give me the grace to keep moving forward with confidence, knowing that Your timing is perfect and Your promises are true. I place everything in Your hands, and I trust You completely. **In Jesus’ name, Amen.**

**Consider Sowing Seed:** May your seed be planted in good soil and bring forth a bountiful harvest in due season.